

Volunteer Opportunities - Hannah's Hope

 **Hope Partners** Each resident is matched with one to two Hope Partners who will foster a mentoring relationship. Our goal is to provide a supportive network for each of the moms. The Hope Partner models a life in Christ and provides additional emotional and spiritual support. Weekly contacts are encouraged by phone, letter, or text as well as getting together 2x per month. Some examples of mentoring include; taking the mom to lunch or breakfast, taking the mom and child on a local field trip, calling to ask how the mom is doing, providing a safe place for the resident to discuss her feelings, etc.

 **Children's Program** Children living with their mothers at Hannah's Home are provided individualized and small group programming. The goal of the Children's Program is to promote healing from trauma and provide opportunities for social, emotional, spiritual, and educational growth. The Children's Program takes place Monday through Thursday from 7 - 8 PM. Opportunities include providing childcare, tutoring, therapy (individual counseling, OT, play therapy), Bible teaching, and leading children in age appropriate activities (painting, singing, crafts, reading, exercise, games).

 **Bible Studies, Topic Speakers, and Testimonies** At the heart of Hannah's Hope Ministries is our commitment to nurture the spirits of the women and children we serve. Empowering *studies of Scripture* help women come to know a God who loves them. Studies help our residents find healing, hope, freedom through God's Word and a personal relationship with Jesus Christ. Sharing a *testimony* provides opportunity to tell women how Christ has changed your life. Topic speakers can share about everyday life in topics such as relationships, body image, self care.

 **Workshops and Interactive Family Activities** Special skill based volunteers are welcomed. Share your particular skill/career and lead an activity. Bring your creative ideas! Topics could promote career development, financial literacy, employment education, resume writing, nutrition, parenting (how to play with your child, parent-child relationships, potty training, bed wetting, behavioral challenges, etc.). Workshops could be for the 'women only' or include the children in a "mommy and me" activity centered around art, music, movement and/or exercise.

 **Office Help** - Occasionally help is needed with mailings and various office jobs.

 **House Attendants / Emergency coverage** - Hannah's Home is attended 24/7 by staff and volunteers. The main responsibility is to be available for the women and children; remaining on site at all times during your shift. The house is always locked from the outside, requiring a house attendant to allow the women entrance when they return home. It is important that you feel comfortable leading the residents in the case of an emergency. This opportunity is a great way to get to know and care for the women and their children!

House Grandparents

Calling all Grandparents! We'd love to have a Grandma and Grandpa team to love on our moms and their kids. Modeling a healthy marriage and being a supportive role model and mentor by having regular interactions with the women and children.

Family Dinners

In an effort to get to know the women and children, consider helping to prepare and/or eat dinner with the families. Another option is to give them a night off from cooking and bring dinner any day Monday - Thursday. Come on your own or bring a friend. Please call ahead to schedule, so we can properly plan for the number attending. Contact Kim Yorkey 610-944-5988.

 **Maintenance, Home Improvements and Seasonal Help** Owning our own property requires help from skilled professionals and willing workers. If you are a skilled tradesman and can offer services in the areas of electrical, plumbing, heating, painting, etc. we'd be happy to hear from you.

Current Need: Handymen who are available to help accomplish small household repairs, maintenance, or improvements. As needed basis.

Seasonally, we need volunteers to provide snow removal, mowing, mulching, spring and fall cleanup, and regular weeding/pruning of our flower beds and landscaping.

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